

Confidentiality & group agreement

How we help keep tHrIVE safe, respectful and supportive

tHrIVE aims to be a calm, respectful and confidential space for people living with HIV.

To help make that possible, we ask everyone attending to agree to the following:

Confidentiality

- What is shared in the group stays in the group.
- You may talk about your own experience outside the group, but not another person's story, status or identifying details.
- Please do not take photos, screenshots, audio or video recordings during meetings unless clearly agreed in advance.

Respect

- Listen without interrupting.
- Allow different experiences, beliefs and feelings without judgement.
- Speak to others with respect, even when you disagree.
- Threatening, abusive or discriminatory behaviour is not acceptable.

Privacy

- Be mindful of what you say if other people are nearby, especially in shared spaces or online.
- If attending online, try to join from a private space where other people cannot overhear.

Phones and devices

- Please put your phone on silent.
- If you need to take a call or reply to a message, step out quietly if possible.
- Do not share another member's contact details without their permission.

Support and boundaries

- tHrIVE offers peer support, mentoring and signposting.
- We are not an emergency or crisis service.
- We may suggest that you contact your HIV clinic, GP, 111 or emergency services if extra or urgent support is needed.

Safeguarding and limits to confidentiality

We will respect privacy as far as possible. However, confidentiality is not absolute.

If we are worried that:

- you may be at serious risk,
- someone else may be at serious risk, or
- there is a safeguarding concern involving a child or adult at risk,

we may need to share concerns with an appropriate member of the tHrIVE team or another relevant service.

If possible, we will explain this to you first.

Agreement

By attending tHrIVE, I understand that this is a shared confidential space and I agree to treat other group members with privacy, respect and care.

Name: _____

Signature: _____